



SUE LUDWIG

AUTHOR · SPEAKER · FOUNDER

About Sue

Sue Ludwig is a sought-after speaker, consultant, and writer. A licensed occupational therapist and certified neonatal therapist, she is president and founder of the National Association of Neonatal Therapists (NANT), where she uses a blend of clinical expertise, innovation, and leadership to support the advancement of this specialized field on a global level.

Sue is the media expert in neonatal therapy for the American Occupational Therapy Association, a member of the steering committee for the National Coalition for Infant Health, and a medical advisory board member for Hope for HIE.

She has received the Laura Edmunds Lectureship Award from UMass Memorial Medical Center, the Individual Contribution to Maternal and Child Health Award from the National Perinatal Association, the Entleadership Momentum Award from Ramsey Solutions, and the Alumni Professional Achievement Award from Eastern Kentucky University. She has also been named a Graham's Foundation Resilience Honoree.

Sue's book *Tiny Humans, Big Lessons* was published in 2022.

Today, Sue lives in Cincinnati, Ohio, with her husband and a few dogs, and has two grown children.



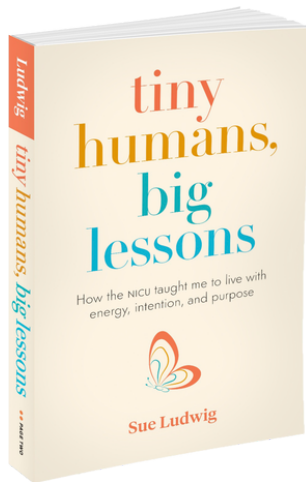
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Tiny Humans, Big Lessons



In this remarkable book of personal and professional transformation, Sue Ludwig, a certified neonatal therapist, and organizational founder, shares how her tiny patients in the NICU guided her to step off her hamster wheel of existence and into a new way of living. Through real patient stories, reflection, and practical tools, she reveals how, by following the lead of those in her care, she found her way to a more vibrant, purposeful, and impactful life than she ever imagined possible—and how you can, too.

"Tiny Humans, Big Lessons is a deeply kind, wise, and engrossing guide to life. As Sue Ludwig describes the parallels between the struggles of premature babies and our own daily struggles, she reminds us that all of us can feel small and fragile -- and that all of us deserve the care and focus she gives to the babies under her care. Her book is an inspiring, pragmatic testament to the compassion human beings are capable of both giving and receiving."

- Martha Beck Ph.D., New York Times - best-selling author of The Way of Integrity

Keynote Reviews

"Absolutely loved this presentation!! Should really be a TED talk. I can hear Sue's voice in my head at the bedside daily. Honestly, the best part of the conference!!"

"Extraordinary lecture on burnout-- a topic that everyone talks about but no one seems to know how to address."

"I loved that this presentation was heartfelt and personal; that there was not a PowerPoint handout -- I felt that my only job was to listen intently. I listened like Sue was speaking just to me- I felt seen and I had tears in my eyes. I realized that I was burnt out. My only notes were "protect their energy."" Thank you, Sue.

As featured on

