



SUE LUDWIG

AUTHOR · SPEAKER · FOUNDER

About Sue

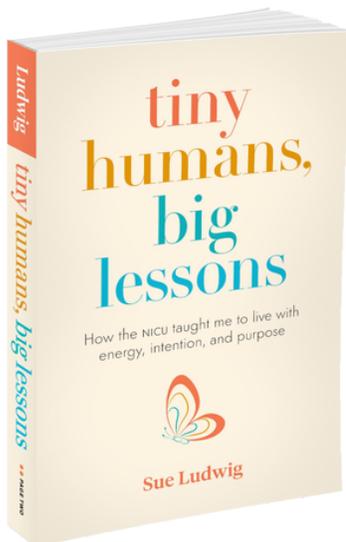
Sue Ludwig is a sought-after speaker, consultant, and writer. A licensed occupational therapist and certified neonatal therapist, she is the president and founder of the National Association of Neonatal Therapists (NANT), where she uses a blend of clinical expertise, innovation, and leadership to support the advancement of this specialized field on a global level.

Sue lives in Cincinnati, Ohio, with her husband and a couple of dogs, and has two grown children. In addition to spending time with her favorite people, she enjoys hiking, photography, reading, writing, sports, travel, and the pursuit of good craft breweries.



Tiny Humans, Big Lessons

In this remarkable book of personal and professional transformation, Sue Ludwig, a certified neonatal therapist and organizational founder, shares how her tiny patients in the NICU guided her to step off her hamster wheel of existence and into a new way of living. Through real patient stories, reflection, and practical tools, she reveals how, by following the lead of those in her care, she found her way to a more vibrant, purposeful, and impactful life than she ever imagined possible—and how you can, too.



"Tiny Humans, Big Lessons is a deeply kind, wise, and engrossing guide to life. As Sue Ludwig describes the parallels between the struggles of premature babies and our own daily struggles, she reminds us that all of us can feel small and fragile -- and that all of us deserve the care and focus she gives to the babies under her care. Her book is an inspiring, pragmatic testament to the compassion human beings are capable of both giving and receiving."
- Martha Beck Ph.D., New York Times - best-selling author of *The Way of Integrity*

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